



47. Brockenlauf  
Ilseburg / 02.09.2017

Detailed evaluation

**GRUDZINSKI, Reyk**

Club: Berlin  
Number: 183

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M40 (40-44 Jahre)

Total time: 2:45:19

Speed: 9.44 km/h  
Running performance: 6:19 min/km

Rank in course/Total: 307 (of 500)

Rank in course/Men: 281 (of 423)

Best time in course: 1:35:36

Rank in category: 36(of 53)

Best time in the category: 1:54:00

Intermediate times

Stage score

Total ranking

Control	Split		Pos	Behind	Pos		Total	Total	Total	Pos	Behind	Pos	Behind	
	km	Time			min/km	Cat.								Cat.
Loddenke	3.30	21:01	6:22	38	7:03	339	9:02	3.30	21:01	6:22	38	7:03	339	9:02
Schlüsie	3.10	21:02	6:47	28	5:29	251	8:17	6.40	42:03	6:34	36	12:32	293	17:19
Hermannsklippe	2.60	18:45	7:12	29	5:02	238	7:34	9.00	1:00:48	6:45	33	17:34	272	24:53
Brocken	3.10	32:27	10:28	42	11:48	306	15:03	12.10	1:33:15	7:42	37	28:54	292	39:56
Eiserner Handwe	3.60	21:30	5:58	39	8:13	328	9:50	15.70	1:54:45	7:18	38	37:07	298	49:46
Schlüsie	4.10	20:13	4:55	38	7:25	305	9:12	19.80	2:14:58	6:48	40	44:32	306	58:58
Loddenke	3.10	14:34	4:41	30	3:35	220	5:18	22.90	2:29:32	6:31	39	48:07	300	1:04:16
Ilseburg/Markt	3.30	15:47	4:46	30	3:12	201	5:27	26.20	2:45:19	6:18	37	51:19	283	1:09:43