



47. Brockenlauf
Ilseburg / 02.09.2017

Detailed evaluation

BUKOWSKI, Markus

Club: Sportlich-Team Bornheim
Number: 228

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 2:45:24

Speed: 9.43 km/h
Running performance: 6:19 min/km

Rank in course/Total: 310 (of 500)

Rank in course/Men: 284 (of 423)

Best time in course: 1:35:36

Rank in category: 37(of 45)

Best time in the category: 1:55:09

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	20:47	6:17	37	6:52	319	8:48	3.30	20:47	6:17	37	6:52	319	8:48
Schlüsie	3.10	21:30	6:56	37	6:13	288	8:45	6.40	42:17	6:36	37	13:04	308	17:33
Hermannsklippe	2.60	19:33	7:31	37	6:10	294	8:22	9.00	1:01:50	6:52	37	19:09	297	25:55
Brocken	3.10	31:27	10:08	38	10:31	279	14:03	12.10	1:33:17	7:42	38	29:30	294	39:58
Eiserner Handwe	3.60	21:08	5:52	36	7:28	314	9:28	15.70	1:54:25	7:17	37	36:58	294	49:26
Schlüsie	4.10	18:50	4:35	31	5:18	239	7:49	19.80	2:13:15	6:43	37	42:13	292	57:15
Loddenke	3.10	15:38	5:02	34	4:43	285	6:22	22.90	2:28:53	6:30	37	46:10	291	1:03:37
Ilseburg/Markt	3.30	16:31	5:00	29	4:37	247	6:11	26.20	2:45:24	6:18	37	50:15	286	1:09:48