



47. Brockenlauf
Ilseburg / 02.09.2017

Detailed evaluation

PYSCHNYJ, Sascha

Club: Goslar
Number: 463

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 2:45:28

Speed: 9.43 km/h
Running performance: 6:19 min/km

Rank in course/Total: 311 (of 500)

Rank in course/Men: 285 (of 423)

Best time in course: 1:35:36

Rank in category: 37(of 53)

Best time in the category: 1:54:00

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	17:17	5:14	18	3:19	104	5:18	3.30	17:17	5:14	18	3:19	104	5:18
Schlüsie	3.10	21:04	6:47	31	5:31	257	8:19	6.40	38:21	5:59	25	8:50	177	13:37
Hermannsklippe	2.60	18:49	7:14	30	5:06	244	7:38	9.00	57:10	6:21	25	13:56	196	21:15
Brocken	3.10	31:10	10:03	36	10:31	269	13:46	12.10	1:28:20	7:18	27	23:59	230	35:01
Eiserner Handwe	3.60	18:46	5:12	30	5:29	208	7:06	15.70	1:47:06	6:49	29	29:28	222	42:07
Schlüsie	4.10	21:29	5:14	47	8:41	350	10:28	19.80	2:08:35	6:29	31	38:09	251	52:35
Loddenke	3.10	17:40	5:41	48	6:41	371	8:24	22.90	2:26:15	6:23	35	44:50	271	1:00:59
Ilseburg/Markt	3.30	19:13	5:49	48	6:38	369	8:53	26.20	2:45:28	6:18	38	51:28	287	1:09:52