



47. Brockenlauf
Ilseburg / 02.09.2017

Detailed evaluation

ANTON, Steffen

Club: Duisburg
Number: 95

Course: 26.20 km
26,2 km - Lauf

Category:
Männer (20-29 Jahre)

Total time: 2:46:14

Speed: 9.38 km/h
Running performance: 6:20 min/km

Rank in course/Total: 315 (of 500)

Rank in course/Men: 289 (of 423)

Best time in course: 1:35:36

Rank in category: 28(of 35)

Best time in the category: 1:35:36

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Loddenke	3.30	20:19	6:09	31	8:20	281	8:20	3.30	20:19	6:09	31	8:20	281	8:20
Schlüsie	3.10	20:39	6:39	23	7:54	230	7:54	6.40	40:58	6:24	26	16:14	259	16:14
Hermannsklippe	2.60	19:10	7:22	29	7:59	270	7:59	9.00	1:00:08	6:40	27	24:13	258	24:13
Brocken	3.10	33:53	10:55	32	16:29	346	16:29	12.10	1:34:01	7:46	29	40:42	303	40:42
Eiserner Handwe	3.60	21:04	5:51	29	9:24	311	9:24	15.70	1:55:05	7:19	30	50:06	306	50:06
Schlüsie	4.10	19:40	4:47	28	8:39	284	8:39	19.80	2:14:45	6:48	31	58:45	303	58:45
Loddenke	3.10	14:52	4:47	23	5:36	238	5:36	22.90	2:29:37	6:32	30	1:04:21	302	1:04:21
Ilseburg/Markt	3.30	16:37	5:02	23	6:17	250	6:17	26.20	2:46:14	6:20	28	1:10:38	291	1:10:38