



47. Brockenlauf
Ilseburg / 02.09.2017

Detailed evaluation

MÖRSTEDT, Sebastian

Club: DVAG- Marathon Team
Number: 287

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 2:46:56

Speed: 9.35 km/h
Running performance: 6:22 min/km

Rank in course/Total: 323 (of 500)

Rank in course/Men: 296 (of 423)

Best time in course: 1:35:36

Rank in category: 38(of 53)

Best time in the category: 1:54:00

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	22:27	6:48	48	8:29	386	10:28	3.30	22:27	6:48	48	8:29	386	10:28
Schlüsie	3.10	22:32	7:16	45	6:59	342	9:47	6.40	44:59	7:01	47	15:28	362	20:15
Hermannsklippe	2.60	20:09	7:44	42	6:26	326	8:58	9.00	1:05:08	7:14	44	21:54	352	29:13
Brocken	3.10	33:58	10:57	46	13:19	347	16:34	12.10	1:39:06	8:11	45	34:45	354	45:47
Eiserner Handwe	3.60	18:24	5:06	28	5:07	184	6:44	15.70	1:57:30	7:29	41	39:52	326	52:31
Schlüsie	4.10	17:26	4:15	25	4:38	167	6:25	19.80	2:14:56	6:48	39	44:30	305	58:56
Loddenke	3.10	14:34	4:41	30	3:35	220	5:18	22.90	2:29:30	6:31	38	48:05	299	1:04:14
Ilseburg/Markt	3.30	17:26	5:16	38	4:51	295	7:06	26.20	2:46:56	6:22	39	52:56	298	1:11:20