



47. Brockenlauf  
Ilseburg / 02.09.2017

Detailed evaluation

Zillmann, Uwe

Club: Braunschweig  
Number: 462

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M55 (55-59 Jahre)

Total time: 2:47:27

Speed: 9.32 km/h  
Running performance: 6:23 min/km

Rank in course/Total: 329 (of 500)

Rank in course/Men: 302 (of 423)

Best time in course: 1:35:36

Rank in category: 24(of 45)

Best time in the category: 2:07:45

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:39	5:57	20	3:28	250	7:40	3.30	19:39	5:57	20	3:28	250	7:40
Schlüsie	3.10	20:15	6:31	14	2:54	202	7:30	6.40	39:54	6:14	15	6:22	226	15:10
Hermannsklippe	2.60	18:19	7:02	17	2:58	215	7:08	9.00	58:13	6:28	16	9:20	219	22:18
Brocken	3.10	29:56	9:39	17	5:02	223	12:32	12.10	1:28:09	7:17	16	13:53	219	34:50
Eiserner Handwe	3.60	20:24	5:39	27	5:54	290	8:44	15.70	1:48:33	6:54	16	19:47	242	43:34
Schlüsie	4.10	22:30	5:29	37	8:25	369	11:29	19.80	2:11:03	6:37	20	28:12	274	55:03
Loddenke	3.10	17:33	5:39	36	5:45	364	8:17	22.90	2:28:36	6:29	22	33:57	287	1:03:20
Ilseburg/Markt	3.30	18:51	5:42	35	5:45	360	8:31	26.20	2:47:27	6:23	24	39:42	304	1:11:51