



47. Brockenlauf  
Ilseburg / 02.09.2017

Detailed evaluation

DETTMAR, Thomas

Club: T.D.M.-Laufteam Sarstedt  
Number: 257

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M55 (55-59 Jahre)

Total time: 2:48:45

Speed: 9.24 km/h  
Running performance: 6:26 min/km

Rank in course/Total: 340 (of 500)

Rank in course/Men: 311 (of 423)

Best time in course: 1:35:36

Rank in category: 27(of 45)

Best time in the category: 2:07:45

| Intermediate times |          |            |              | Stage score |             |         |            | Total ranking |            |              |          |             |         |            |
|--------------------|----------|------------|--------------|-------------|-------------|---------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
| Control            | Split km | Split Time | Split min/km | Pos Cat.    | Behind Cat. | Pos Men | Behind Men | Total km      | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Loddenke           | 3.30     | 18:55      | 5:43         | 13          | 2:44        | 202     | 6:56       | 3.30          | 18:55      | 5:43         | 13       | 2:44        | 202     | 6:56       |
| Schlüsie           | 3.10     | 21:46      | 7:01         | 27          | 4:25        | 299     | 9:01       | 6.40          | 40:41      | 6:21         | 18       | 7:09        | 246     | 15:57      |
| Hermannsklippe     | 2.60     | 20:26      | 7:51         | 31          | 5:05        | 340     | 9:15       | 9.00          | 1:01:07    | 6:47         | 23       | 12:14       | 283     | 25:12      |
| Brocken            | 3.10     | 34:42      | 11:11        | 36          | 9:48        | 363     | 17:18      | 12.10         | 1:35:49    | 7:55         | 28       | 21:33       | 328     | 42:30      |
| Eiserner Handwe    | 3.60     | 19:36      | 5:26         | 17          | 5:06        | 249     | 7:56       | 15.70         | 1:55:25    | 7:21         | 26       | 26:39       | 312     | 50:26      |
| Schlüsie           | 4.10     | 19:14      | 4:41         | 17          | 5:09        | 263     | 8:13       | 19.80         | 2:14:39    | 6:48         | 25       | 31:48       | 301     | 58:39      |
| Loddenke           | 3.10     | 15:40      | 5:03         | 24          | 3:52        | 289     | 6:24       | 22.90         | 2:30:19    | 6:33         | 25       | 35:40       | 308     | 1:05:03    |
| Ilseburg/Markt     | 3.30     | 18:26      | 5:35         | 33          | 5:20        | 345     | 8:06       | 26.20         | 2:48:45    | 6:26         | 27       | 41:00       | 313     | 1:13:09    |