



47. Brockenlauf
Ilseburg / 02.09.2017

Detailed evaluation

SCHERBE, Ralf

Club: SSV-MG-Ahlsdorf
Number: 413

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 2:49:35

Speed: 9.20 km/h
Running performance: 6:28 min/km

Rank in course/Total: 346 (of 500)

Rank in course/Men: 314 (of 423)

Best time in course: 1:35:36

Rank in category: 67(of 85)

Best time in the category: 1:44:53

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	21:22	6:28	76	8:29	355	9:23	3.30	21:22	6:28	76	8:29	355	9:23
Schlüsie	3.10	21:26	6:54	64	7:00	283	8:41	6.40	42:48	6:41	71	15:29	323	18:04
Hermannsklippe	2.60	19:04	7:19	57	6:17	259	7:53	9.00	1:01:52	6:52	67	21:37	301	25:57
Brocken	3.10	30:38	9:52	55	10:50	254	13:14	12.10	1:32:30	7:38	62	32:27	282	39:11
Eiserner Handwe	3.60	22:17	6:11	79	10:25	355	10:37	15.70	1:54:47	7:18	66	42:52	301	49:48
Schlüsie	4.10	20:57	5:06	72	9:01	333	9:56	19.80	2:15:44	6:51	67	51:53	312	59:44
Loddenke	3.10	16:04	5:10	69	6:07	316	6:48	22.90	2:31:48	6:37	66	58:00	312	1:06:32
Ilseburg/Markt	3.30	17:47	5:23	69	6:42	312	7:27	26.20	2:49:35	6:28	67	1:04:42	316	1:13:59