



47. Brockenlauf
Ilseburg / 02.09.2017

Detailed evaluation

HOPF, Franziska

Club: LAV 07 Bad Harzburg e.V.
Number: 282

Course: 26.20 km
26,2 km - Lauf

Category:
Seniorinnen W30 (30-34 Jahre)

Total time: 2:50:28

Speed: 9.15 km/h
Running performance: 6:31 min/km

Rank in course/Total: 351 (of 500)

Rank in course/Women: 34 (of 77)

Best time in course: 1:57:27

Rank in category: 5(of 6)

Best time in the category: 2:18:07

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	22:11	6:43	5	4:32	57	7:30	3.30	22:11	6:43	5	4:32	57	7:30
Schlüsie	3.10	23:17	7:30	5	4:35	43	7:08	6.40	45:28	7:06	5	8:52	44	14:38
Hermannsklippe	2.60	19:52	7:38	5	3:37	31	5:25	9.00	1:05:20	7:15	5	12:29	43	20:03
Brocken	3.10	32:41	10:32	5	7:20	31	10:24	12.10	1:38:01	8:06	5	19:49	38	30:27
Eiserner Handwe	3.60	21:22	5:56	5	4:38	43	8:14	15.70	1:59:23	7:36	5	24:27	40	38:41
Schlüsie	4.10	19:18	4:42	5	2:54	31	6:10	19.80	2:18:41	7:00	5	27:21	37	44:51
Loddenke	3.10	15:19	4:56	4	2:30	29	3:54	22.90	2:34:00	6:43	5	29:51	36	48:45
Ilseburg/Markt	3.30	16:28	4:59	3	2:30	30	16:13	26.20	2:50:28	6:30	5	32:21	35	2:50:13