



47. Brockenlauf
Ilseburg / 02.09.2017

Detailed evaluation

FAST, Arno

Club: Teuto Runner
Number: 113

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 2:51:39

Speed: 9.09 km/h
Running performance: 6:33 min/km

Rank in course/Total: 360 (of 500)

Rank in course/Men: 324 (of 423)

Best time in course: 1:35:36

Rank in category: 38(of 46)

Best time in the category: 1:41:40

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	18:55	5:43	29	6:44	202	6:56	3.30	18:55	5:43	29	6:44	202	6:56
Schlüsie	3.10	21:56	7:04	38	8:31	310	9:11	6.40	40:51	6:22	34	15:15	255	16:07
Hermannsklippe	2.60	19:58	7:40	39	8:01	317	8:47	9.00	1:00:49	6:45	37	23:16	275	24:54
Brocken	3.10	33:25	10:46	39	14:55	334	16:01	12.10	1:34:14	7:47	39	38:11	304	40:55
Eiserner Handwe	3.60	20:38	5:43	35	7:58	298	8:58	15.70	1:54:52	7:18	39	46:09	304	49:53
Schlüsie	4.10	21:03	5:08	37	9:06	335	10:02	19.80	2:15:55	6:51	39	55:15	315	59:55
Loddenke	3.10	17:38	5:41	38	7:38	370	8:22	22.90	2:33:33	6:42	39	1:02:53	325	1:08:17
Ilseburg/Markt	3.30	18:06	5:29	35	7:06	326	7:46	26.20	2:51:39	6:33	39	1:09:59	326	1:16:03