



47. Brockenlauf
Ilseburg / 02.09.2017

Detailed evaluation

MÜLLER, Sabrina

Club: LAV 07 Bad Harzburg e.V.
Number: 174

Course: 26.20 km
26,2 km - Lauf

Category:
Seniorinnen W40 (40-44 Jahre)

Total time: 2:53:53

Speed: 9.04 km/h
Running performance: 6:38 min/km

Rank in course/Total: 376 (of 500)

Rank in course/Women: 43 (of 77)

Best time in course: 1:57:27

Rank in category: 10(of 16)

Best time in the category: 2:13:24

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	22:12	6:43	14	6:32	59	7:31	3.30	22:12	6:43	14	6:32	59	7:31
Schlüsie	3.10	24:35	7:55	11	6:49	52	8:26	6.40	46:47	7:18	11	13:21	52	15:57
Hermannsklippe	2.60	21:46	8:22	11	5:55	48	7:19	9.00	1:08:33	7:36	11	19:16	51	23:16
Brocken	3.10	33:23	10:46	8	7:47	41	11:06	12.10	1:41:56	8:25	11	27:03	47	34:22
Eiserner Handwe	3.60	19:51	5:30	7	3:33	27	6:43	15.70	2:01:47	7:45	10	30:36	44	41:05
Schlüsie	4.10	19:19	4:42	8	3:47	33	6:11	19.80	2:21:06	7:07	10	34:23	43	47:16
Loddenke	3.10	15:04	4:51	6	2:19	25	3:39	22.90	2:36:10	6:49	10	36:42	42	50:55
Ilseburg/Markt	3.30	17:43	5:22	9	3:47	42	17:28	26.20	2:53:53	6:38	10	40:29	44	2:53:38