



47. Brockenlauf
Ilseburg / 02.09.2017

Detailed evaluation

HEINE, Heiko

Club: Thale
Number: 367

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 2:54:01

Speed: 8.96 km/h
Running performance: 6:38 min/km

Rank in course/Total: 378 (of 500)

Rank in course/Men: 335 (of 423)

Best time in course: 1:35:36

Rank in category: 40(of 45)

Best time in the category: 1:55:09

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	20:45	6:17	36	6:50	318	8:46	3.30	20:45	6:17	36	6:50	318	8:46
Schlüsie	3.10	21:23	6:53	36	6:06	276	8:38	6.40	42:08	6:34	36	12:55	301	17:24
Hermannsklippe	2.60	20:00	7:41	38	6:37	319	8:49	9.00	1:02:08	6:54	38	19:27	317	26:13
Brocken	3.10	32:58	10:38	41	12:02	321	15:34	12.10	1:35:06	7:51	39	31:19	315	41:47
Eiserner Handwe	3.60	21:11	5:53	37	7:31	317	9:31	15.70	1:56:17	7:24	39	38:50	318	51:18
Schlüsie	4.10	20:37	5:01	39	7:05	323	9:36	19.80	2:16:54	6:54	39	45:52	320	1:00:54
Loddenke	3.10	17:09	5:31	43	6:14	359	7:53	22.90	2:34:03	6:43	40	51:20	328	1:08:47
Ilseburg/Markt	3.30	19:58	6:03	45	8:04	387	9:38	26.20	2:54:01	6:38	40	58:52	337	1:18:25