



47. Brockenlauf
Ilseburg / 02.09.2017

Detailed evaluation

PUSCH, Toralf

Club: Düsseldorf
Number: 327

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 2:55:30

Speed: 8.89 km/h
Running performance: 6:42 min/km

Rank in course/Total: 387 (of 500)

Rank in course/Men: 344 (of 423)

Best time in course: 1:35:36

Rank in category: 43(of 53)

Best time in the category: 1:54:00

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	22:28	6:48	49	8:30	387	10:29	3.30	22:28	6:48	49	8:30	387	10:29
Schlüsie	3.10	22:24	7:13	43	6:51	335	9:39	6.40	44:52	7:00	46	15:21	360	20:08
Hermannsklippe	2.60	20:52	8:01	48	7:09	355	9:41	9.00	1:05:44	7:18	47	22:30	357	29:49
Brocken	3.10	30:13	9:44	31	9:34	238	12:49	12.10	1:35:57	7:55	42	31:36	329	42:38
Eiserner Handwe	3.60	22:21	6:12	44	9:04	356	10:41	15.70	1:58:18	7:32	44	40:40	337	53:19
Schlüsie	4.10	22:47	5:33	48	9:59	378	11:46	19.80	2:21:05	7:07	46	50:39	347	1:05:05
Loddenke	3.10	16:17	5:15	45	5:18	332	7:01	22.90	2:37:22	6:52	45	55:57	345	1:12:06
Ilseburg/Markt	3.30	18:08	5:29	45	5:33	329	7:48	26.20	2:55:30	6:41	44	1:01:30	346	1:19:54