



47. Brockenlauf  
Ilseburg / 02.09.2017

Detailed evaluation

HAASE, Marco

Club: Hannover  
Number: 4

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M40 (40-44 Jahre)

Total time: 2:56:50

Speed: 8.82 km/h  
Running performance: 6:45 min/km

Rank in course/Total: 395 (of 500)

Rank in course/Men: 349 (of 423)

Best time in course: 1:35:36

Rank in category: 45(of 53)

Best time in the category: 1:54:00

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	21:54	6:38	47	7:56	378	9:55	3.30	21:54	6:38	47	7:56	378	9:55
Schlüsie	3.10	22:46	7:20	46	7:13	351	10:01	6.40	44:40	6:58	44	15:09	355	19:56
Hermannsklippe	2.60	20:37	7:55	47	6:54	349	9:26	9.00	1:05:17	7:15	45	22:03	354	29:22
Brocken	3.10	34:01	10:58	47	13:22	350	16:37	12.10	1:39:18	8:12	47	34:57	357	45:59
Eiserner Handwe	3.60	21:10	5:52	37	7:53	316	9:30	15.70	2:00:28	7:40	47	42:50	352	55:29
Schlüsie	4.10	20:16	4:56	39	7:28	309	9:15	19.80	2:20:44	7:06	43	50:18	341	1:04:44
Loddenke	3.10	16:15	5:14	44	5:16	326	6:59	22.90	2:36:59	6:51	43	55:34	342	1:11:43
Ilseburg/Markt	3.30	19:51	6:00	50	7:16	384	9:31	26.20	2:56:50	6:44	46	1:02:50	351	1:21:14