



47. Brockenlauf
Ilseburg / 02.09.2017

Detailed evaluation

KRÖBER, Frank

Club: LG Fastflitzer Osterwald
Number: 433

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 2:59:02

Speed: 8.71 km/h
Running performance: 6:50 min/km

Rank in course/Total: 403 (of 500)

Rank in course/Men: 356 (of 423)

Best time in course: 1:35:36

Rank in category: 35(of 45)

Best time in the category: 2:07:45

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	21:46	6:35	36	5:35	365	9:47	3.30	21:46	6:35	36	5:35	365	9:47
Schlüsie	3.10	22:56	7:23	33	5:35	357	10:11	6.40	44:42	6:59	34	11:10	358	19:58
Hermannsklippe	2.60	20:34	7:54	32	5:13	343	9:23	9.00	1:05:16	7:15	33	16:23	353	29:21
Brocken	3.10	35:57	11:35	37	11:03	385	18:33	12.10	1:41:13	8:21	35	26:57	364	47:54
Eiserner Handwe	3.60	23:02	6:23	38	8:32	374	11:22	15.70	2:04:15	7:54	36	35:29	370	59:16
Schlüsie	4.10	21:55	5:20	34	7:50	354	10:54	19.80	2:26:10	7:22	36	43:19	371	1:10:10
Loddenke	3.10	16:27	5:18	32	4:39	338	7:11	22.90	2:42:37	7:06	36	47:58	366	1:17:21
Ilseburg/Markt	3.30	16:25	4:58	19	3:19	241	6:05	26.20	2:59:02	6:49	35	51:17	358	1:23:26