



47. Brockenlauf
Ilseburg / 02.09.2017

Detailed evaluation

JANUSCHKEWITZ, Stephan

Club: Bremen
Number: 203

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 2:59:36

Speed: 8.69 km/h
Running performance: 6:51 min/km

Rank in course/Total: 406 (of 500)

Rank in course/Men: 358 (of 423)

Best time in course: 1:35:36

Rank in category: 47(of 53)

Best time in the category: 1:54:00

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total		Total		Total		Pos Cat.	Behind Cat.	Pos Men	Behind Men	
								km	Time	min/km	Pos	Behind	Pos					Behind
Loddenke	3.30	22:52	6:55	53	8:54	396	10:53	3.30	22:52	6:55	53	8:54	396	10:53				
Schlüsie	3.10	25:00	8:03	53	9:27	391	12:15	6.40	47:52	7:28	53	18:21	396	23:08				
Hermannsklippe	2.60	22:41	8:43	51	8:58	384	11:30	9.00	1:10:33	7:50	51	27:19	389	34:38				
Brocken	3.10	33:17	10:44	44	12:38	330	15:53	12.10	1:43:50	8:34	50	39:29	376	50:31				
Eiserner Handwe	3.60	21:44	6:02	42	8:27	334	10:04	15.70	2:05:34	7:59	50	47:56	372	1:00:35				
Schlüsie	4.10	20:34	5:00	41	7:46	322	9:33	19.80	2:26:08	7:22	50	55:42	370	1:10:08				
Loddenke	3.10	15:45	5:04	39	4:46	294	6:29	22.90	2:41:53	7:04	48	1:00:28	363	1:16:37				
Ilseburg/Markt	3.30	17:43	5:22	40	5:08	305	7:23	26.20	2:59:36	6:51	48	1:05:36	360	1:24:00				