



47. Brockenlauf  
Ilseburg / 02.09.2017

Detailed evaluation

**BIEDER, Michael**

Club: Benneckenstein/RSLV  
Number: 206

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M45 (45-49 Jahre)

Total time: 3:00:07

Speed: 8.66 km/h  
Running performance: 6:52 min/km

Rank in course/Total: 409 (of 500)

Rank in course/Men: 360 (of 423)

Best time in course: 1:35:36

Rank in category: 78(of 85)

Best time in the category: 1:44:53

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	21:47	6:36	78	8:54	366	9:48	3.30	21:47	6:36	78	8:54	366	9:48
Schlüsie	3.10	23:43	7:39	79	9:17	369	10:58	6.40	45:30	7:06	79	18:11	369	20:46
Hermannsklippe	2.60	21:36	8:18	79	8:49	367	10:25	9.00	1:07:06	7:27	79	26:51	372	31:11
Brocken	3.10	34:57	11:16	78	15:09	371	17:33	12.10	1:42:03	8:26	79	42:00	369	48:44
Eiserner Handwe	3.60	21:28	5:57	72	9:36	325	9:48	15.70	2:03:31	7:52	79	51:36	366	58:32
Schlüsie	4.10	20:54	5:05	71	8:58	330	9:53	19.80	2:24:25	7:17	79	1:00:34	365	1:08:25
Loddenke	3.10	16:54	5:27	77	6:57	358	7:38	22.90	2:41:19	7:02	78	1:07:31	361	1:16:03
Ilseburg/Markt	3.30	18:48	5:41	76	7:43	358	8:28	26.20	3:00:07	6:52	78	1:15:14	362	1:24:31