



47. Brockenlauf  
Ilseburg / 02.09.2017

Detailed evaluation

Sattler, Heiko

Club: Fahrschule Sattler  
Number: 486

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M50 (50-54 Jahre)

Total time: 3:03:20

Speed: 8.51 km/h  
Running performance: 7:00 min/km

Rank in course/Total: 420 (of 500)

Rank in course/Men: 368 (of 423)

Best time in course: 1:35:36

Rank in category: 63(of 67)

Best time in the category: 2:00:16

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	20:58	6:21	59	5:11	335	8:59	3.30	20:58	6:21	59	5:11	335	8:59
Schlüsie	3.10	24:06	7:46	64	8:03	375	11:21	6.40	45:04	7:02	63	13:03	364	20:20
Hermannsklippe	2.60	23:10	8:54	65	8:57	394	11:59	9.00	1:08:14	7:34	64	22:00	378	32:19
Brocken	3.10	38:35	12:26	65	17:13	404	21:11	12.10	1:46:49	8:49	65	39:13	391	53:30
Eiserner Handwe	3.60	22:40	6:17	60	8:07	364	11:00	15.70	2:09:29	8:14	64	45:57	389	1:04:30
Schlüsie	4.10	19:38	4:47	50	5:33	282	8:37	19.80	2:29:07	7:31	63	51:01	377	1:13:07
Loddenke	3.10	15:54	5:07	52	5:05	305	6:38	22.90	2:45:01	7:12	63	56:06	375	1:19:45
Ilseburg/Markt	3.30	18:19	5:33	61	6:58	338	7:59	26.20	3:03:20	6:59	63	1:03:04	370	1:27:44