



47. Brockenlauf
Ilseburg / 02.09.2017

Detailed evaluation

STRITZKE, Michael

Club: Feuerwehr Salzgitter
Number: 112

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 3:03:57

Speed: 8.48 km/h
Running performance: 7:01 min/km

Rank in course/Total: 422 (of 500)

Rank in course/Men: 370 (of 423)

Best time in course: 1:35:36

Rank in category: 79(of 85)

Best time in the category: 1:44:53

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	20:00	6:03	62	7:07	268	8:01	3.30	20:00	6:03	62	7:07	268	8:01
Schlüsie	3.10	21:46	7:01	68	7:20	299	9:01	6.40	41:46	6:31	65	14:27	288	17:02
Hermannsklippe	2.60	20:21	7:49	75	7:34	336	9:10	9.00	1:02:07	6:54	69	21:52	316	26:12
Brocken	3.10	33:13	10:42	71	13:25	327	15:49	12.10	1:35:20	7:52	70	35:17	321	42:01
Eiserner Handwe	3.60	22:05	6:08	77	10:13	348	10:25	15.70	1:57:25	7:28	71	45:30	325	52:26
Schlüsie	4.10	25:15	6:09	83	13:19	404	14:14	19.80	2:22:40	7:12	78	58:49	358	1:06:40
Loddenke	3.10	19:21	6:14	82	9:24	395	10:05	22.90	2:42:01	7:04	79	1:08:13	364	1:16:45
Ilseburg/Markt	3.30	21:56	6:38	84	10:51	403	11:36	26.20	3:03:57	7:01	79	1:19:04	372	1:28:21