



47. Brockenlauf
Ilseburg / 02.09.2017

Detailed evaluation

SOERENSEN, Bent

Club: Faaborg Ski og Motion
Number: 243

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M70 (70-74 Jahre)

Total time: 3:05:42

Speed: 8.40 km/h
Running performance: 7:05 min/km

Rank in course/Total: 432 (of 500)

Rank in course/Men: 377 (of 423)

Best time in course: 1:35:36

Rank in category: 3(of 6)

Best time in the category: 2:35:26

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	27:21	8:17	6	8:52	421	15:22	3.30	27:21	8:17	6	8:52	421	15:22
Schlüsie	3.10	26:52	8:39	4	6:59	415	14:07	6.40	54:13	8:28	5	15:51	421	29:29
Hermannsklippe	2.60	23:28	9:01	4	5:54	398	12:17	9.00	1:17:41	8:37	4	21:45	418	41:46
Brocken	3.10	36:59	11:55	4	9:42	394	19:35	12.10	1:54:40	9:28	4	31:27	412	1:01:21
Eiserner Handwe	3.60	20:38	5:43	2	1:00	298	8:58	15.70	2:15:18	8:37	4	31:27	403	1:10:19
Schlüsie	4.10	18:28	4:30	1	-	225	7:27	19.80	2:33:46	7:45	3	30:08	393	1:17:46
Loddenke	3.10	14:45	4:45	1	-	232	5:29	22.90	2:48:31	7:21	3	29:47	386	1:23:15
Ilseburg/Markt	3.30	17:11	5:12	2	0:29	282	6:51	26.20	3:05:42	7:05	3	30:16	379	1:30:06