



47. Brockenlauf  
Ilseburg / 02.09.2017

Detailed evaluation

LINOW, Mike

Club: Die kernigen Altmärker  
Number: 94

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M35 (35-39 Jahre)

Total time: 3:06:02

Speed: 8.39 km/h  
Running performance: 7:06 min/km

Rank in course/Total: 433 (of 500)

Rank in course/Men: 378 (of 423)

Best time in course: 1:35:36

Rank in category: 41(of 46)

Best time in the category: 1:41:40

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	20:00	6:03	34	7:49	268	8:01	3.30	20:00	6:03	34	7:49	268	8:01
Schlüsie	3.10	21:00	6:46	35	7:35	249	8:15	6.40	41:00	6:24	37	15:24	263	16:16
Hermannsklippe	2.60	20:52	8:01	41	8:55	355	9:41	9.00	1:01:52	6:52	39	24:19	301	25:57
Brocken	3.10	35:14	11:21	42	16:44	373	17:50	12.10	1:37:06	8:01	40	41:03	338	43:47
Eiserner Handwe	3.60	20:58	5:49	36	8:18	306	9:18	15.70	1:58:04	7:31	40	49:21	336	53:05
Schlüsie	4.10	23:01	5:36	42	11:04	379	12:00	19.80	2:21:05	7:07	41	1:00:25	347	1:05:05
Loddenke	3.10	20:10	6:30	45	10:10	407	10:54	22.90	2:41:15	7:02	41	1:10:35	360	1:15:59
Ilseburg/Markt	3.30	24:47	7:30	46	13:47	420	14:27	26.20	3:06:02	7:06	42	1:24:22	380	1:30:26