



47. Brockenlauf
Ilseburg / 02.09.2017

Detailed evaluation

KEMPF, Ulrich

Club: Wolfenbüttel
Number: 258

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 3:06:24

Speed: 8.37 km/h
Running performance: 7:07 min/km

Rank in course/Total: 436 (of 500)

Rank in course/Men: 381 (of 423)

Best time in course: 1:35:36

Rank in category: 50(of 53)

Best time in the category: 1:54:00

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	20:13	6:07	33	6:15	278	8:14	3.30	20:13	6:07	33	6:15	278	8:14
Schlüsie	3.10	21:17	6:51	34	5:44	270	8:32	6.40	41:30	6:29	32	11:59	274	16:46
Hermannsklippe	2.60	19:04	7:19	34	5:21	259	7:53	9.00	1:00:34	6:43	32	17:20	269	24:39
Brocken	3.10	30:32	9:50	32	9:53	249	13:08	12.10	1:31:06	7:31	33	26:45	264	37:47
Eiserner Handwe	3.60	26:37	7:23	52	13:20	410	14:57	15.70	1:57:43	7:29	42	40:05	331	52:44
Schlüsie	4.10	26:27	6:27	53	13:39	406	15:26	19.80	2:24:10	7:16	48	53:44	363	1:08:10
Loddenke	3.10	20:41	6:40	53	9:42	413	11:25	22.90	2:44:51	7:11	50	1:03:26	374	1:19:35
Ilseburg/Markt	3.30	21:33	6:31	52	8:58	398	11:13	26.20	3:06:24	7:06	51	1:12:24	383	1:30:48