



47. Brockenlauf
Ilseburg / 02.09.2017

Detailed evaluation

REULECKE, Dino

Club: Klaushof Langeln
Number: 301

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 3:08:18

Speed: 8.28 km/h
Running performance: 7:11 min/km

Rank in course/Total: 443 (of 500)

Rank in course/Men: 387 (of 423)

Best time in course: 1:35:36

Rank in category: 39(of 45)

Best time in the category: 2:07:45

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	22:25	6:47	39	6:14	385	10:26	3.30	22:25	6:47	39	6:14	385	10:26
Schlüsie	3.10	26:04	8:24	42	8:43	407	13:19	6.40	48:29	7:34	39	14:57	398	23:45
Hermannsklippe	2.60	23:49	9:09	42	8:28	404	12:38	9.00	1:12:18	8:01	41	23:25	400	36:23
Brocken	3.10	39:12	12:38	44	14:18	411	21:48	12.10	1:51:30	9:12	42	37:14	402	58:11
Eiserner Handwe	3.60	20:55	5:48	29	6:25	305	9:15	15.70	2:12:25	8:26	41	43:39	397	1:07:26
Schlüsie	4.10	19:50	4:50	22	5:45	287	8:49	19.80	2:32:15	7:41	39	49:24	385	1:16:15
Loddenke	3.10	16:31	5:19	33	4:43	340	7:15	22.90	2:48:46	7:22	39	54:07	388	1:23:30
Ilseburg/Markt	3.30	19:32	5:55	41	6:26	378	9:12	26.20	3:08:18	7:11	39	1:00:33	389	1:32:42