



47. Brockenlauf
Ilseburg / 02.09.2017

Detailed evaluation

FINKENSIEP, Dirk

Club: LT Ümminger See
Number: 454

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 3:11:51

Speed: 8.13 km/h
Running performance: 7:19 min/km

Rank in course/Total: 449 (of 500)

Rank in course/Men: 389 (of 423)

Best time in course: 1:35:36

Rank in category: 40(of 45)

Best time in the category: 2:07:45

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	21:47	6:36	37	5:36	366	9:48	3.30	21:47	6:36	37	5:36	366	9:48
Schlüsie	3.10	24:20	7:50	37	6:59	380	11:35	6.40	46:07	7:12	36	12:35	377	21:23
Hermannsklippe	2.60	22:17	8:34	37	6:56	380	11:06	9.00	1:08:24	7:36	37	19:31	379	32:29
Brocken	3.10	38:10	12:18	42	13:16	400	20:46	12.10	1:46:34	8:48	39	32:18	389	53:15
Eiserner Handwe	3.60	23:42	6:34	41	9:12	388	12:02	15.70	2:10:16	8:17	39	41:30	392	1:05:17
Schlüsie	4.10	23:24	5:42	39	9:19	384	12:23	19.80	2:33:40	7:45	40	50:49	392	1:17:40
Loddenke	3.10	18:38	6:00	41	6:50	388	9:22	22.90	2:52:18	7:31	40	57:39	393	1:27:02
Ilseburg/Markt	3.30	19:33	5:55	42	6:27	379	9:13	26.20	3:11:51	7:19	40	1:04:06	391	1:36:15