



47. Brockenlauf Ilseburg / 02.09.2017

Detailed evaluation

WERNICKE, Raik

Club: TGS Walldorf
Number: 210

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 3:12:40

Speed: 8.16 km/h
Running performance: 7:21 min/km

Rank in course/Total: 451 (of 500)

Rank in course/Men: 391 (of 423)

Best time in course: 1:35:36

Rank in category: 82(of 85)

Best time in the category: 1:44:53

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	22:04	6:41	80	9:11	382	10:05	3.30	22:04	6:41	80	9:11	382	10:05
Schlüsle	3.10	25:08	8:06	82	10:42	393	12:23	6.40	47:12	7:22	81	19:53	389	22:28
Hermannsklippe	2.60	23:27	9:01	83	10:40	397	12:16	9.00	1:10:39	7:51	82	30:24	392	34:44
Brocken	3.10	38:33	12:26	84	18:45	403	21:09	12.10	1:49:12	9:01	84	49:09	398	55:53
Eiserner Handwe	3.60	22:55	6:21	81	11:03	372	11:15	15.70	2:12:07	8:24	83	1:00:12	396	1:07:08
Schlüsle	4.10	22:38	5:31	79	10:42	375	11:37	19.80	2:34:45	7:48	82	1:10:54	394	1:18:45
Loddenke	3.10	18:20	5:54	81	8:23	383	9:04	22.90	2:53:05	7:33	82	1:19:17	394	1:27:49
Ilseburg/Markt	3.30	19:35	5:56	78	8:30	382	9:15	26.20	3:12:40	7:21	82	1:27:47	393	1:37:04