



47. Brockenlauf
Ilseburg / 02.09.2017

Detailed evaluation

QUANTMEYER, Walter

Club: Kalefeld
Number: 348

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M70 (70-74 Jahre)

Total time: 3:18:17

Speed: 7.87 km/h
Running performance: 7:34 min/km

Rank in course/Total: 463 (of 500)

Rank in course/Men: 400 (of 423)

Best time in course: 1:35:36

Rank in category: 4(of 6)

Best time in the category: 2:35:26

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	23:44	7:11	3	5:15	408	11:45	3.30	23:44	7:11	3	5:15	408	11:45
Schlüsie	3.10	25:10	8:07	3	5:17	394	12:25	6.40	48:54	7:38	3	10:32	402	24:10
Hermannsklippe	2.60	22:41	8:43	3	5:07	384	11:30	9.00	1:11:35	7:57	3	15:39	396	35:40
Brocken	3.10	34:47	11:13	3	7:30	367	17:23	12.10	1:46:22	8:47	3	23:09	388	53:03
Eiserner Handwe	3.60	24:45	6:52	4	5:07	399	13:05	15.70	2:11:07	8:21	3	27:16	394	1:06:08
Schlüsie	4.10	25:35	6:14	5	7:07	405	14:34	19.80	2:36:42	7:54	4	33:04	397	1:20:42
Loddenke	3.10	19:38	6:19	4	4:53	403	10:22	22.90	2:56:20	7:42	4	37:36	400	1:31:04
Ilseburg/Markt	3.30	21:57	6:39	4	5:15	404	11:37	26.20	3:18:17	7:34	4	42:51	402	1:42:41