



47. Brockenlauf
Ilseburg / 02.09.2017

Detailed evaluation

BUNK, Heike

Club: Kassel
Number: 324

Course: 26.20 km
26,2 km - Lauf

Category:
Seniorinnen W55 (55-59 Jahre)

Total time: 3:18:29

Speed: 7.86 km/h
Running performance: 7:35 min/km

Rank in course/Total: 464 (of 500)

Rank in course/Women: 64 (of 77)

Best time in course: 1:57:27

Rank in category: 7(of 9)

Best time in the category: 2:36:54

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	25:45	7:48	8	5:51	72	11:04	3.30	25:45	7:48	8	5:51	72	11:04
Schlüsie	3.10	28:20	9:08	7	7:12	71	12:11	6.40	54:05	8:27	7	13:03	71	23:15
Hermannsklippe	2.60	23:33	9:03	7	5:22	60	9:06	9.00	1:17:38	8:37	7	18:25	71	32:21
Brocken	3.10	35:56	11:35	5	6:51	55	13:39	12.10	1:53:34	9:23	7	25:16	65	46:00
Eiserner Handwe	3.60	23:23	6:29	7	3:22	58	10:15	15.70	2:16:57	8:43	7	28:38	65	56:15
Schlüsie	4.10	22:55	5:35	7	4:08	62	9:47	19.80	2:39:52	8:04	7	32:46	64	1:06:02
Loddenke	3.10	18:27	5:57	7	4:02	63	7:02	22.90	2:58:19	7:47	7	36:48	64	1:13:04
Ilseburg/Markt	3.30	20:10	6:06	8	19:55	68	19:55	26.20	3:18:29	7:34	8	3:18:14	65	3:18:14