



47. Brockenlauf
Ilseburg / 02.09.2017

Detailed evaluation

APEL, Fabian

Club: Eichsfelder Gipfelstürmer
Number: 126

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 3:20:34

Speed: 7.78 km/h
Running performance: 7:40 min/km

Rank in course/Total: 467 (of 500)

Rank in course/Men: 402 (of 423)

Best time in course: 1:35:36

Rank in category: 44(of 46)

Best time in the category: 1:41:40

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	20:49	6:18	39	8:38	323	8:50	3.30	20:49	6:18	39	8:38	323	8:50
Schlüsie	3.10	25:56	8:21	45	12:31	405	13:11	6.40	46:45	7:18	45	21:09	385	22:01
Hermannsklippe	2.60	25:40	9:52	46	13:43	413	14:29	9.00	1:12:25	8:02	45	34:52	401	36:30
Brocken	3.10	39:06	12:36	45	20:36	406	21:42	12.10	1:51:31	9:12	44	55:28	403	58:12
Eiserner Handwe	3.60	24:18	6:45	44	11:38	396	12:38	15.70	2:15:49	8:39	44	1:07:06	404	1:10:50
Schlüsie	4.10	23:40	5:46	44	11:43	392	12:39	19.80	2:39:29	8:03	45	1:18:49	405	1:23:29
Loddenke	3.10	19:23	6:15	44	9:23	396	10:07	22.90	2:58:52	7:48	45	1:28:12	404	1:33:36
Ilseburg/Markt	3.30	21:42	6:34	43	10:42	401	11:22	26.20	3:20:34	7:39	45	1:38:54	404	1:44:58