



47. Brockenlauf
Ilseburg / 02.09.2017

Detailed evaluation

NEHRKORN, Joachim

Club: Ort: Werne an der Lippe
Number: 279

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M65 (65-69 Jahre)

Total time: 3:21:23

Speed: 7.75 km/h
Running performance: 7:41 min/km

Rank in course/Total: 469 (of 500)

Rank in course/Men: 404 (of 423)

Best time in course: 1:35:36

Rank in category: 10(of 13)

Best time in the category: 2:25:43

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|--------------|-------------|-------------|---------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Loddenke | 3.30 | 23:16 | 7:03 | 11 | 5:03 | 400 | 11:17 | 3.30 | 23:16 | 7:03 | 11 | 5:03 | 400 | 11:17 |
| Schlüsie | 3.10 | 25:24 | 8:11 | 10 | 5:57 | 400 | 12:39 | 6.40 | 48:40 | 7:36 | 10 | 11:00 | 399 | 23:56 |
| Hermannsklippe | 2.60 | 23:04 | 8:52 | 10 | 5:57 | 392 | 11:53 | 9.00 | 1:11:44 | 7:58 | 10 | 16:57 | 397 | 35:49 |
| Brocken | 3.10 | 35:41 | 11:30 | 10 | 8:58 | 382 | 18:17 | 12.10 | 1:47:25 | 8:52 | 10 | 25:55 | 392 | 54:06 |
| Eiserner Handwe | 3.60 | 25:49 | 7:10 | 11 | 8:31 | 404 | 14:09 | 15.70 | 2:13:14 | 8:29 | 10 | 34:26 | 398 | 1:08:15 |
| Schlüsie | 4.10 | 25:12 | 6:08 | 12 | 8:11 | 403 | 14:11 | 19.80 | 2:38:26 | 8:00 | 10 | 42:37 | 401 | 1:22:26 |
| Loddenke | 3.10 | 20:47 | 6:42 | 12 | 6:48 | 414 | 11:31 | 22.90 | 2:59:13 | 7:49 | 10 | 49:17 | 405 | 1:33:57 |
| Ilseburg/Markt | 3.30 | 22:10 | 6:43 | 12 | 6:29 | 406 | 11:50 | 26.20 | 3:21:23 | 7:41 | 10 | 55:40 | 406 | 1:45:47 |