



47. Brockenlauf
Ilseburg / 02.09.2017

Detailed evaluation

PÜSCHEL, Ingrid

Club: Dahlweid Potsdam
Number: 457

Course: 26.20 km
26,2 km - Lauf

Category:
Seniorinnen W70 (70-74 Jahre)

Total time: 5:10:10

Speed: 5.03 km/h
Running performance: 11:50 min/km

Rank in course/Total: 495 (of 500)

Rank in course/Women: 74 (of 77)

Best time in course: 1:57:27

Rank in category: 1(of 1)

Best time in the category: 5:10:10

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	35:15	10:40	1	-	76	20:34	3.30	35:15	10:40	1	-	76	20:34
Schlüsie	3.10	36:46	11:51	1	-	74	20:37	6.40	1:12:01	11:15	1	-	76	41:11
Hermannsklippe	2.60	34:00	13:04	1	-	75	19:33	9.00	1:46:01	11:46	1	-	75	1:00:44
Brocken	3.10	57:41	18:36	1	-	75	35:24	12.10	2:43:42	13:31	1	-	75	1:36:08
Eiserner Handwe	3.60	42:29	11:48	1	-	76	29:21	15.70	3:26:11	13:07	1	-	75	2:05:29
Schlüsie	4.10	40:02	9:45	1	-	74	26:54	19.80	4:06:13	12:26	1	-	74	2:32:23
Loddenke	3.10	31:07	10:02	1	-	74	19:42	22.90	4:37:20	12:06	1	-	74	2:52:05
Ilseburg/Markt	3.30	32:50	9:56	1	-	75	32:35	26.20	5:10:10	11:50	1	-	76	5:09:55