



47. Brockenlauf

Ilseburg / 02.09.2017

Detailed evaluation

REISING, Marcel

Club: erst laufen dann saufen
Number: 361

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 3:32:57

Speed: 7.33 km/h
Running performance: 8:08 min/km

Rank in course/Total: 480 (of 500)

Rank in course/Men: 411 (of 423)

Best time in course: 1:35:36

Rank in category: 85(of 85)

Best time in the category: 1:44:53

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	24:25	7:23	85	11:32	413	12:26	3.30	24:25	7:23	85	11:32	413	12:26
Schlüsie	3.10	26:03	8:24	85	11:37	406	13:18	6.40	50:28	7:53	85	23:09	410	25:44
Hermannsklippe	2.60	25:58	9:59	85	13:11	415	14:47	9.00	1:16:26	8:29	85	36:11	413	40:31
Brocken	3.10	40:38	13:06	85	20:50	415	23:14	12.10	1:57:04	9:40	85	57:01	415	1:03:45
Eiserner Handwe	3.60	27:09	7:32	85	15:17	412	15:29	15.70	2:24:13	9:11	85	1:12:18	414	1:19:14
Schlüsie	4.10	26:44	6:31	85	14:48	410	15:43	19.80	2:50:57	8:38	85	1:27:06	413	1:34:57
Loddenke	3.10	20:26	6:35	85	10:29	411	11:10	22.90	3:11:23	8:21	85	1:37:35	413	1:46:07
Ilseburg/Markt	3.30	21:34	6:32	83	10:29	399	11:14	26.20	3:32:57	8:07	85	1:48:04	413	1:57:21