



47. Brockenlauf  
Ilseburg / 02.09.2017

Detailed evaluation

THOMSEN, Alexander

Club: LG Halbe Lunge  
Number: 159

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M35 (35-39 Jahre)

Total time: 3:33:08

Speed: 7.32 km/h  
Running performance: 8:08 min/km

Rank in course/Total: 481 (of 500)

Rank in course/Men: 412 (of 423)

Best time in course: 1:35:36

Rank in category: 45(of 46)

Best time in the category: 1:41:40

Intermediate times

Stage score

Total ranking

Control	Split		Pos	Behind	Pos		Total	Total	Total	Pos	Behind	Pos	Behind	
	km	Time			min/km	Cat.								Cat.
Loddenke	3.30	24:31	7:25	46	12:20	414	12:32	3.30	24:31	7:25	46	12:20	414	12:32
Schlüsie	3.10	27:11	8:46	46	13:46	418	14:26	6.40	51:42	8:04	46	26:06	416	26:58
Hermannsklippe	2.60	23:39	9:05	45	11:42	400	12:28	9.00	1:15:21	8:22	46	37:48	411	39:26
Brocken	3.10	37:12	12:00	44	18:42	397	19:48	12.10	1:52:33	9:18	45	56:30	407	59:14
Eiserner Handwe	3.60	26:39	7:24	45	13:59	411	14:59	15.70	2:19:12	8:51	45	1:10:29	409	1:14:13
Schlüsie	4.10	26:57	6:34	45	15:00	412	15:56	19.80	2:46:09	8:23	46	1:25:29	409	1:30:09
Loddenke	3.10	22:47	7:20	46	12:47	418	13:31	22.90	3:08:56	8:15	46	1:38:16	410	1:43:40
Ilseburg/Markt	3.30	24:12	7:20	45	13:12	417	13:52	26.20	3:33:08	8:08	46	1:51:28	414	1:57:32