



47. Brockenlauf
Ilseburg / 02.09.2017

Detailed evaluation

ELLERKAMM, Jürgen

Club: GutsMuths-Rennsteiglaufverein
Number: 451

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M75 (75 und älter)

Total time: 3:33:50

Speed: 7.30 km/h
Running performance: 8:10 min/km

Rank in course/Total: 482 (of 500)

Rank in course/Men: 413 (of 423)

Best time in course: 1:35:36

Rank in category: 3(of 4)

Best time in the category: 2:46:42

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	22:46	6:53	2	1:56	392	10:47	3.30	22:46	6:53	2	1:56	392	10:47
Schlüsie	3.10	25:55	8:21	2	3:30	404	13:10	6.40	48:41	7:36	2	5:26	400	23:57
Hermannsklippe	2.60	23:58	9:13	3	4:04	406	12:47	9.00	1:12:39	8:04	2	9:30	403	36:44
Brocken	3.10	40:54	13:11	3	8:27	416	23:30	12.10	1:53:33	9:23	3	17:57	411	1:00:14
Eiserner Handwe	3.60	30:04	8:21	4	10:32	418	18:24	15.70	2:23:37	9:08	3	28:29	412	1:18:38
Schlüsie	4.10	29:59	7:18	3	11:17	416	18:58	19.80	2:53:36	8:46	3	39:46	419	1:37:36
Loddenke	3.10	20:00	6:27	3	4:47	405	10:44	22.90	3:13:36	8:27	3	44:33	417	1:48:20
Ilseburg/Markt	3.30	20:14	6:07	2	2:35	391	9:54	26.20	3:33:50	8:09	3	47:08	415	1:58:14