



47. Brockenlauf  
Ilseburg / 02.09.2017

Detailed evaluation

SKARA, Svein Amund

Club: Oslo  
Number: 23

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M55 (55-59 Jahre)

Total time: 3:37:53

Speed: 7.16 km/h  
Running performance: 8:19 min/km

Rank in course/Total: 486 (of 500)

Rank in course/Men: 416 (of 423)

Best time in course: 1:35:36

Rank in category: 44(of 45)

Best time in the category: 2:07:45

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	25:11	7:37	44	9:00	417	13:12	3.30	25:11	7:37	44	9:00	417	13:12
Schlüsie	3.10	26:28	8:32	44	9:07	411	13:43	6.40	51:39	8:04	45	18:07	415	26:55
Hermannsklippe	2.60	23:04	8:52	41	7:43	392	11:53	9.00	1:14:43	8:18	43	25:50	408	38:48
Brocken	3.10	38:21	12:22	43	13:27	402	20:57	12.10	1:53:04	9:20	44	38:48	408	59:45
Eiserner Handwe	3.60	27:26	7:37	44	12:56	414	15:46	15.70	2:20:30	8:56	43	51:44	410	1:15:31
Schlüsie	4.10	31:33	7:41	45	17:28	421	20:32	19.80	2:52:03	8:41	44	1:09:12	416	1:36:03
Loddenke	3.10	22:52	7:22	44	11:04	419	13:36	22.90	3:14:55	8:30	44	1:20:16	418	1:49:39
Ilseburg/Markt	3.30	22:58	6:57	44	9:52	413	12:38	26.20	3:37:53	8:18	44	1:30:08	418	2:02:17