



47. Brockenlauf
Ilseburg / 02.09.2017

Detailed evaluation

Wieczoyek, Bernd

Club: Lauftreff Salzgitter
Number: 527

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 3:46:04

Speed: 6.90 km/h
Running performance: 8:38 min/km

Rank in course/Total: 492 (of 500)

Rank in course/Men: 419 (of 423)

Best time in course: 1:35:36

Rank in category: 45(of 45)

Best time in the category: 2:07:45

Intermediate times

Stage score

Total ranking

Control	Intermediate times					Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Loddenke	3.30	24:21	7:22	42	8:10	411	12:22	3.30	24:21	7:22	42	8:10	411	12:22	
Schlüsie	3.10	26:27	8:31	43	9:06	410	13:42	6.40	50:48	7:56	44	17:16	412	26:04	
Hermannsklippe	2.60	24:25	9:23	44	9:04	410	13:14	9.00	1:15:13	8:21	44	26:20	410	39:18	
Brocken	3.10	36:36	11:48	38	11:42	390	19:12	12.10	1:51:49	9:14	43	37:33	405	58:30	
Eiserner Handwe	3.60	30:32	8:28	45	16:02	419	18:52	15.70	2:22:21	9:04	44	53:35	411	1:17:22	
Schlüsie	4.10	30:41	7:29	44	16:36	419	19:40	19.80	2:53:02	8:44	45	1:10:11	418	1:37:02	
Loddenke	3.10	25:18	8:09	45	13:30	422	16:02	22.90	3:18:20	8:39	45	1:23:41	420	1:53:04	
Ilseburg/Markt	3.30	27:44	8:24	45	14:38	422	17:24	26.20	3:46:04	8:37	45	1:38:19	421	2:10:28	