



8. Drei-Kirchen-Neujahrslauf  
Günthersleben-Sportplatz / 15.01.2017

Detailed evaluation

Volk, Tino

Club: Triathlon Friedrichroda  
Number: 1405

Course: 10.00 km  
Hauptlauf

Category:  
Senioren M50 (50-54 Jahre)

Total time: 41:45

Speed: 14.37 km/h  
Running performance: 4:11 min/km

Rank in course/Total: 27 (of 132)

Rank in course/Men: 25 (of 98)

Best time in course: 31:50

Rank in category: 5(of 19)

Best time in the category: 39:45