



8. Drei-Kirchen-Neujahrslauf  
Günthersleben-Sportplatz / 15.01.2017

Detailed evaluation

Ernst, Beate

Club: Triathlon Friedrichroda  
Number: 1350

Course: 10.00 km  
Hauptlauf

Category:  
Seniorinnen W50 (50-54 Jahre)

Total time: 45:34

Speed: 13.17 km/h  
Running performance: 4:34 min/km

Rank in course/Total: 47 (of 132)

Rank in course/Women: 5 (of 34)

Best time in course: 38:28

Rank in category: 1(of 6)

Best time in the category: 45:34