



8. Drei-Kirchen-Neujahrslauf
Günthersleben-Sportplatz / 15.01.2017

Detailed evaluation

Birkefeld, Armin

Club: SG Crawinkel

Number: 1439

Course: 10.00 km

Hauptlauf

Category:

Senioren M55 (55-59 Jahre)

Total time: 46:11

Speed: 12.99 km/h

Running performance: 4:37 min/km

Rank in course/Total: 51 (of 132)

Rank in course/Men: 44 (of 98)

Best time in course: 31:50

Rank in category: 4(of 9)

Best time in the category: 43:21