



8. Drei-Kirchen-Neujahrslauf
Günthersleben-Sportplatz / 15.01.2017

Detailed evaluation

Knaak, Susan

Club: FitnessFirst Göttingen
Number: 1369

Course: 10.00 km
Hauptlauf

Category:
Seniorinnen W50 (50-54 Jahre)

Total time: 1:01:31

Speed: 9.75 km/h
Running performance: 6:09 min/km

Rank in course/Total: 121 (of 132)

Rank in course/Women: 28 (of 34)

Best time in course: 38:28

Rank in category: 6(of 6)

Best time in the category: 45:34