



4. Erfurt Marathon

Erfurt / 19.08.2017

Detailed evaluation

Sonntags halb zehn im Steiger

Number: 109

Course: 42.30 km

Erfurt Marathon 4er Staffel

Category:

Frauenstaffel

Total time: 4:24:30

Speed: 9.53 km/h

Running performance: 6:15 min/km

Rank in course/Total: 21 (of 22)

Rank in course/Total: 21 (of 22)

Best time in course: 2:53:51

Rank in category: 2(of 2)

Best time in the category: 3:54:58

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Total	Total	km	Time	min/km	Cat.	Cat.	Total	Total
Wechselstelle 1	10.30	1:00:12	5:50	2	8:56	22	20:41	10.30	1:00:12	5:50	2	8:56	22	20:41
Wechselstelle 2	11.70	1:17:55	6:39	2	13:09	21	29:30	22.00	2:18:07	6:16	2	22:05	22	50:11
Wechselstelle 3	9.50	1:03:08	6:38	2	5:44	20	22:32	31.50	3:21:15	6:23	2	27:49	22	1:12:43
Erfurt	10.80	1:03:15	5:51	2	1:43	18	17:56	42.30	4:24:30	6:15	2	29:32	21	1:30:39