



4. Erfurt Marathon

Erfurt / 19.08.2017

Detailed evaluation

Die Rödlvoigts

Number: 21

Course: 42.30 km

Erfurt Marathon 4er Staffel

Category:

Mixstaffel

Total time: 3:35:18

Speed: 11.79 km/h

Running performance: 5:05 min/km

Rank in course/Total: 7 (of 22)

Rank in course/Total: 7 (of 22)

Best time in course: 2:53:51

Rank in category: 4(of 11)

Best time in the category: 2:53:51

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Total	Total	km	Time	min/km	Cat.	Cat.	Total	Total
Wechselstelle 1	10.30	47:39	4:37	4	8:08	6	8:08	10.30	47:39	4:37	4	8:08	6	8:08
Wechselstelle 2	11.70	1:02:16	5:19	5	13:51	12	13:51	22.00	1:49:55	4:59	5	21:59	9	21:59
Wechselstelle 3	9.50	48:49	5:08	3	8:13	6	8:13	31.50	2:38:44	5:02	4	30:12	6	30:12
Erfurt	10.80	56:34	5:14	6	11:15	11	11:15	42.30	3:35:18	5:05	4	41:27	7	41:27