



4. Erfurt Marathon

Erfurt / 19.08.2017

Detailed evaluation

Dynapox Runners 4er

Number: 119

Course: 42.30 km

Erfurt Marathon 4er Staffel

Category:

Mixstaffel

Total time: 3:44:17

Speed: 11.24 km/h

Running performance: 5:18 min/km

Rank in course/Total: 11 (of 22)

Rank in course/Total: 11 (of 22)

Best time in course: 2:53:51

Rank in category: 6(of 11)

Best time in the category: 2:53:51

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Total	Total	km	Time	min/km	Cat.	Cat.	Total	Total
Wechselstelle 1	10.30	49:40	4:49	6	10:09	9	10:09	10.30	49:40	4:49	6	10:09	9	10:09
Wechselstelle 2	11.70	57:09	4:53	3	8:44	6	8:44	22.00	1:46:49	4:51	4	18:53	6	18:53
Wechselstelle 3	9.50	1:07:03	7:03	10	26:27	21	26:27	31.50	2:53:52	5:31	6	45:20	16	45:20
Erfurt	10.80	50:25	4:40	2	5:06	4	5:06	42.30	3:44:17	5:18	6	50:26	11	50:26