



4. Erfurt Marathon

Erfurt / 19.08.2017

Detailed evaluation

GASA, Carola

Club: SV Mihla e.V.

Number: 87

Course: 42.30 km

Marathon Einzel

Category:

Frauen

Total time: 4:55:59

Speed: 8.51 km/h

Running performance: 7:00 min/km

Rank in course/Total: 52 (of 63)

Rank in course/Women: 7 (of 7)

Best time in course: 3:50:56

Rank in category: 7(of 7)

Best time in the category: 3:50:56

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Nördlichster Punkt	4.90	26:33	5:25	6	3:35	6	3:35	4.90	26:33	5:25	6	3:35	6	3:35
Wechselstelle 1	5.40	36:16	6:42	6	8:50	6	8:50	10.30	1:02:49	6:05	6	12:25	6	12:25
Wechselstelle 2	11.70	1:20:31	6:52	7	20:31	7	20:31	22.00	2:23:20	6:30	6	28:42	6	28:42
Südlichster Punkt	5.50	44:43	8:07	7	13:09	7	13:09	27.50	3:08:03	6:50	6	41:51	6	41:51
Wechselstelle 3	4.00	29:42	7:25	5	25:42	5	25:42	31.50	3:37:45	6:54	6	48:36	6	48:36
Erfurt	10.80	1:18:14	7:14	7	1:04:42	7	1:04:42	42.30	4:55:59	6:59	7	1:05:03	7	1:05:03