



4. Erfurt Marathon

Erfurt / 19.08.2017

Detailed evaluation

UNGELENK, Ellen

Club: Wandersleben

Number: 4

Course: 23.50 km

Halbmarathon Nordic Walking

Category:

Frauen

Total time: 3:45:28

Speed: 6.12 km/h

Running performance: 9:35 min/km

Rank in course/Total: 2 (of 7)

Rank in course/Women: 1 (of 7)

Best time in course: 3:45:28

Rank in category: 1 (of 7)

Best time in the category: 3:45:28

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Women	Women	km	Time	min/km	Cat.	Cat.	Women	Women
Wechselstelle 2	12.00	1:53:58	9:29	3	0:02	3	0:02	12.00	1:53:58	9:29	3	0:02	3	0:02
Erfurt	11.50	1:51:30	9:41	2	0:04	2	0:04	23.50	3:45:28	9:35	1	-	1	-