



4. Erfurt Marathon

Erfurt / 19.08.2017

Detailed evaluation

PUKSHOFER, Katja

Club: Annakram

Number: 82

Course: 23.50 km

Halbmarathon Nordic Walking

Category:

Frauen

Total time: 4:41:06

Speed: 4.91 km/h

Running performance: 11:58 min/km

Rank in course/Total: 7 (of 7)

Rank in course/Women: 7 (of 7)

Best time in course: 3:45:28

Rank in category: 7(of 7)

Best time in the category: 3:45:28

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total		Total		Total		Pos Cat.	Behind Cat.	Pos Women	Behind Women
								km	Time	min/km	Pos	Behind	Pos				
Wechselstelle 2	12.00	2:15:41	11:18	7	21:45	7	21:45	12.00	2:15:41	11:18	7	21:45	7	21:45			
Erfurt	11.50	2:25:25	12:38	7	33:59	7	33:59	23.50	4:41:06	11:57	7	55:38	7	55:38			