



4. Erfurt Marathon

Erfurt / 19.08.2017

Detailed evaluation

WENK, Helena-Phelicitas

Club: Einradclub Erfurt e.V.

Number: 99

Course: 42.30 km

Marathon Einrad

Category:

Frauen

Total time: 5:36:42

Speed: 7.54 km/h

Running performance: 7:58 min/km

Rank in course/Total: 16 (of 18)

Rank in course/Women: 6 (of 8)

Best time in course: 2:38:11

Rank in category: 6(of 8)

Best time in the category: 2:38:11

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Nördlichster Punkt	4.90	24:25	4:58	7	10:45	7	10:45	4.90	24:25	4:58	7	10:45	7	10:45
Wechselstelle 1	5.40	30:39	5:40	5	14:39	5	14:39	10.30	55:04	5:20	5	25:01	5	25:01
Wechselstelle 2	11.70	1:37:54	8:22	7	53:14	7	53:14	22.00	2:32:58	6:57	7	1:18:15	7	1:18:15
Südlichster Punkt	5.50	1:05:33	11:55	6	37:51	6	37:51	27.50	3:38:31	7:56	6	1:56:06	6	1:56:06
Wechselstelle 3	4.00	40:40	10:09	6	23:33	6	23:33	31.50	4:19:11	8:13	7	2:19:39	7	2:19:39
Erfurt	10.70	1:17:31	7:14	5	38:52	5	38:52	42.30	5:36:42	7:57	6	2:58:31	6	2:58:31