



4. Erfurt Marathon

Erfurt / 19.08.2017

Detailed evaluation

DICTUS, Dennis

Club: FreiLauf

Number: 55

Course: 42.30 km

Marathon Einzel

Category:

Männer

Total time: 3:56:00

Speed: 10.68 km/h

Running performance: 5:35 min/km

Rank in course/Total: 15 (of 63)

Rank in course/Men: 13 (of 56)

Best time in course: 2:59:40

Rank in category: 13(of 56)

Best time in the category: 2:59:40

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Nördlichster Punkt	4.90	23:41	4:49	18	4:59	18	4:59	4.90	23:41	4:49	18	4:59	18	4:59
Wechselstelle 1	5.40	29:12	5:24	20	8:39	20	8:39	10.30	52:53	5:08	20	11:42	20	11:42
Wechselstelle 2	11.70	1:06:30	5:41	15	16:38	15	16:38	22.00	1:59:23	5:25	16	28:00	16	28:00
Südlichster Punkt	5.50	31:51	5:47	11	7:11	11	7:11	27.50	2:31:14	5:29	12	35:11	12	35:11
Wechselstelle 3	4.00	24:45	6:11	15	7:00	15	7:00	31.50	2:55:59	5:35	12	42:11	12	42:11
Erfurt	10.80	1:00:01	5:33	14	14:09	14	14:09	42.30	3:56:00	5:34	13	56:20	13	56:20