



4. Erfurt Marathon

Erfurt / 19.08.2017

Detailed evaluation

GEIß, Heiko

Club: TSV Hollstadt

Number: 12

Course: 42.30 km

Marathon Einzel

Category:

Männer

Total time: 4:01:29

Speed: 10.44 km/h

Running performance: 5:43 min/km

Rank in course/Total: 17 (of 63)

Rank in course/Men: 15 (of 56)

Best time in course: 2:59:40

Rank in category: 15(of 56)

Best time in the category: 2:59:40

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Nördlichster Punkt	4.90	22:30	4:35	13	3:48	13	3:48	4.90	22:30	4:35	13	3:48	13	3:48
Wechselstelle 1	5.40	26:41	4:56	10	6:08	10	6:08	10.30	49:11	4:46	11	8:00	11	8:00
Wechselstelle 2	11.70	1:09:14	5:55	22	19:22	22	19:22	22.00	1:58:25	5:22	13	27:02	13	27:02
Südlichster Punkt	5.50	32:53	5:58	14	8:13	14	8:13	27.50	2:31:18	5:30	13	35:15	13	35:15
Wechselstelle 3	4.00	24:51	6:12	16	7:06	16	7:06	31.50	2:56:09	5:35	13	42:21	13	42:21
Erfurt	10.80	1:05:20	6:02	23	19:28	23	19:28	42.30	4:01:29	5:42	15	1:01:49	15	1:01:49