



4. Erfurt Marathon

Erfurt / 19.08.2017

Detailed evaluation

EWERLING, Lena

Club: TSV Falkensee

Number: 7

Course: 42.30 km

Marathon Einrad

Category:

Frauen

Total time: 3:11:16

Speed: 13.18 km/h

Running performance: 4:31 min/km

Rank in course/Total: 8 (of 18)

Rank in course/Women: 3 (of 8)

Best time in course: 2:38:11

Rank in category: 3(of 8)

Best time in the category: 2:38:11

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Nördlichster Punkt	4.90	16:06	3:17	3	2:26	3	2:26	4.90	16:06	3:17	3	2:26	3	2:26
Wechselstelle 1	5.40	19:06	3:32	3	3:06	3	3:06	10.30	35:12	3:25	3	5:09	3	5:09
Wechselstelle 2	11.70	53:34	4:34	3	8:54	3	8:54	22.00	1:28:46	4:02	3	14:03	3	14:03
Südlichster Punkt	5.50	35:45	6:30	3	8:03	3	8:03	27.50	2:04:31	4:31	3	22:06	3	22:06
Wechselstelle 3	4.00	22:11	5:32	3	5:04	3	5:04	31.50	2:26:42	4:39	3	27:10	3	27:10
Erfurt	10.70	44:34	4:09	3	5:55	3	5:55	42.30	3:11:16	4:31	3	33:05	3	33:05