



4. Erfurt Marathon

Erfurt / 19.08.2017

Detailed evaluation

RÜCKERT, Jens

Club: Arnstadt

Number: 30

Course: 42.30 km

Marathon Einzel

Category:

Männer

Total time: 4:19:06

Speed: 9.80 km/h

Running performance: 6:08 min/km

Rank in course/Total: 35 (of 63)

Rank in course/Men: 32 (of 56)

Best time in course: 2:59:40

Rank in category: 32(of 56)

Best time in the category: 2:59:40

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Nördlichster Punkt	4.90	25:49	5:16	43	7:07	43	7:07	4.90	25:49	5:16	43	7:07	43	7:07
Wechselstelle 1	5.40	31:14	5:47	40	10:41	40	10:41	10.30	57:03	5:32	41	15:52	41	15:52
Wechselstelle 2	11.70	1:13:49	6:18	35	23:57	35	23:57	22.00	2:10:52	5:56	37	39:29	37	39:29
Südlichster Punkt	5.50	35:55	6:31	28	11:15	28	11:15	27.50	2:46:47	6:03	34	50:44	34	50:44
Wechselstelle 3	4.00	27:14	6:48	30	9:29	30	9:29	31.50	3:14:01	6:09	34	1:00:13	34	1:00:13
Erfurt	10.80	1:05:05	6:01	22	19:13	22	19:13	42.30	4:19:06	6:07	32	1:19:26	32	1:19:26